

SILIMA®

Professional Magazine 2022/2023



We are delighted to present the new SILIMA® Breastcare catalogue:

The SILIMA® collection is one of the core segments of the Thuasne Group, whose expertise in orthopaedics and compression is known worldwide. In addition to a complete range of external breast forms in a wide variety of styles, the catalogue also includes various lingerie and swimwear series for daily comfort, safety and restoring the female silhouette.

Drawing on many years of experience in the manufacture of highquality compression treatment aids, Thuasne offers a complete concept for the interdisciplinary therapy of lymphoedema and breast care. We look back on many years of international competence, especially in the field of thoracic care, and are now creating a uniquely coordinated all-round collection with breast forms, functional lingerie, swimwear and even compression clothing: Reliable, highly effective, easy to use and comfortable to wear.

The products in this catalogue are the pride of our Group. As a strong partner for your important work, we would like to support you with this current SILIMA® Professional Magazine and hope to contribute to your success.

Warmest regards

Elizabeth Ducottet Président Directeur Général





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Wings for your health

Global network

8 proprietary production facilities and 20 offices around the world

Benefits of our location Manufactured and adjusted to fit perfectly in Germany

Wealth of experience

Thuasne is synonymous with 175 years of expertise in the field of medical textiles

Thuasne is one of the most successful international orthopaedic companies. The owner-managed company is run by the fifth generation of the family. Supported by a network of research centres in France, Germany, Great Britain and the USA, Thuasne has its own production facilities in Europe and the USA and branches all over the world.

This is what makes the company special: Thuasne is a global player with regional presence.

High quality. Individual. International. THUASNE.

Award-winning design in various product groups













Thuasne in numbers



2,400 employees worldwide



A footprint in **85** countries



industrial sites in Europe and the USA

14



22,000 **B2B** customers



15 million kilometres of thread



5,000 km of fabric processed every year



Every 2 seconds

a Thuasne product is bought somewhere in the world

Competence and product range: Thuasne breast cancer aftercare

The Facts

Breast cancer is the most common cancer among women. In 2018 worldwide, about 2 million women fall ill every year¹⁾, i.e. one in eight women develops breast cancer in the course of her lifetime.

And the risk increases with age. Younger women are less susceptible to the disease, with the risk increasing from the age of 40 and especially 50, then decreasing again from the age of 70. On average, women are 64 years old when they are diagnosed with breast cancer.

In most cases, the chances of recovery are good if the cancer is discovered early enough and treated according to guidelines: The current 5-year survival rate is around 87%. Although more women develop breast cancer, the number of deaths is falling steadily.2)

Nowadays 78% of women undergo breast-conserving surgery and less than one in three require complete removal of the breast (ablatio, mastectomy).3)

2-3 out of 10 women develop lymphoedema as a result of radiation treatment or removal of lymph nodes. This condition usually does not develop until weeks or years after the operation but can even occur 10-15 years later.4)

1) https://www.wcrf.org/dietandcancer/cancer-trends/ breast-cancer-statistics

³⁾ German Cancer Society & German Society for Senology (2018): Key figures evaluation 2018. Annual report of the certified

Audit year 2017 / key figures year 2016

4) Lymphfantastic.com [Online] [Quote from 09/21/2018]

Protection, therapy & prevention CICATREX® / SILIMA® **CICATREX®** compression clothing Immediately after the operation, in addition to further cancer therapy such as radiation or chemotherapy, it is important to ensure an optimal result in terms of scar healing and shape. For both goals the magic word is: Compression. On the one hand, measured compression prevents the uncontrolled proliferation of scar tissue and the movement restrictions such proliferation can cause. On the other hand, targeted compression shapes and holds the breast (operated to preserve the breasts or rebuilt) and relieves postoperative swelling. For this particular goal there are special compression products, e.g. bras like SILIMA® Cara

For initial aftercare

or CICATREX® jackets. CICATREX® is custommade with details specially adapted to the

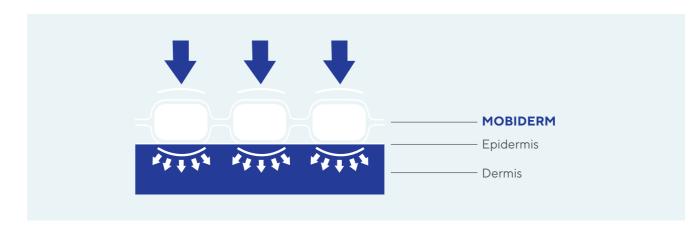
surgical result.

Self-management & oedema

Prevention and response



The MOBIDERM® technology



This also has a positive influence on wound healing, the optimized drainage efficiency favors wound healing due to the optimization of metabolism (removal of waste products through drainage).

Effective

- Rapid volume reduction of edema1
- Optimized drainage efficiency promotes wound healing

Practical

• Light, it enables the patient to keep their freedom of movement

Comfortable

- Soft on the skin
- Ability of the product to contour the extremity provides a superior anatomical fit

LYMPHATREX®

With decades of experience in the custom manufacturing of compression materials we ensure that our compression clothing fits perfectly. The materials fulfil the medical requirements (short-distension stretch), but also meet the wishes and demands of the patients: a classic choice of colours, pleasant slip-on and wearing properties as well as high wearing comfort, which comes with excellent stretching properties. They allow great freedom of movement despite the compression necessary for medical reasons. The LYMPHATREX® materials are suitable for everyday use, skin-friendly, ointment-resistant, breathable and hypoallergenic.

Self-management & oedema

Prevention and response



MOBIDERM® Intimate bra

Our new compression lymph MOBIDERM® Intimate bra provides optimum care for women suffering from mammary and thoracic wall edemas. The bra is specially conceived for the needs of women who had breast cancer surgery. After plastic breast surgery, it has a form-stabilizing and relieving effect and provides support with the compression and drainage of edemas which may develop after breast cancer treatment

Thanks to its integrated compression pad, the Mobiderm Intimate bra exerts increased pressure on those tissue areas affected by edemas. Lymph drainage will thus be significantly improved. Moreover, controlled compression in the scar tissue area will minimize the development of hematomas.

Equipment

- Integrated pockets for breastform
- Mobiderm pads integrated and removable, ready to use
- Wide padded straps, front fastener (e. g. zipper)
- $\boldsymbol{\cdot}$ Out of soft but compressive material, Easy to don
- Color nude, not visible under clothing

Indication

- Acute or chronic breast and/or chest wall edema
- Post-operative, post radiotherapy edema,
- Chronic infiltration after reconstruction, residual chronic chest wall edema

Patient compliance thanks to:

- Easy to don/ doff with front closure > Self management ensured
- Comfortable slim bra feeling > Bra with Mobiderm small cubes
- Light color > Discreet under clothing
- One complete solution > Ready to wear
- High shape, good covering of scars, breastform and edema
- Soft and flat seams
- Integrated pockets for breast form, not separately
- 2 Mobiderm pelots integrated and removable, ready to use

Breast cancer related edema

2-3 out of 10 women develop lymphedema as a result of radiation or removal of lymph nodes.

Whether after ablation or breast conservation therapy (BET), oedema can occur either immediately after surgery as acute oedema or even years later as chronic mammary and/or chest wall oedema.

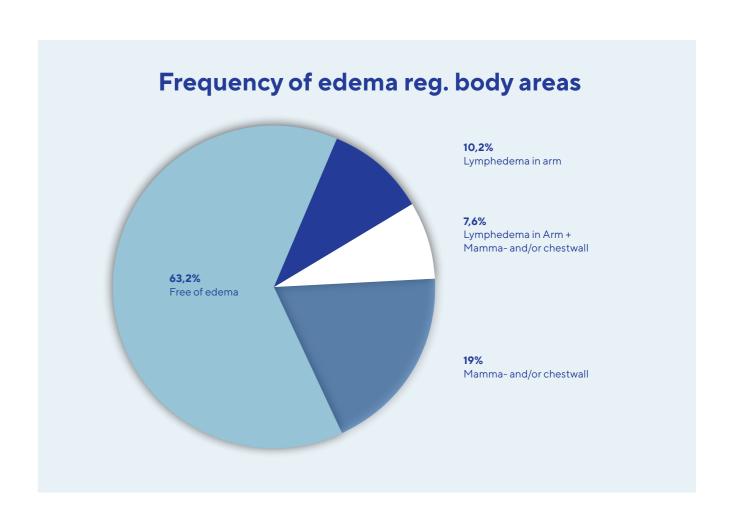
Studies estimate that more than 1.5 million patients worldwide have breast cancer-related oedema.

Due to the increased use of breast-conserving surgery and the lymph node-sparing SLN method, there is less arm lymphedema, as Dr Netopil's evaluation shows.¹

More and more chest wall and/or breast oedema is occurring due to the increasing number of breast-conserving operations in combination with radiation.

Size: XS-XL
Bust Girth: (please see table) /
Cup sizes: AA/A, B/C, D/E

	XS	S	М	L	XL
Int/ D	70-75	80-85	90-95	100-105	110-115
F/E	85-90	95-100	105-110	115-120	125-130
1	1-2	3-4	5-6	7-8	9-10
GB/US	32-34	36-38	40-42	44-46	48-50
AUS/ NZ	10-12	14-16	18-20	22-24	26-28



Source

Netopil B. Häufigkeit sekundärer Arm-, Mamma und Thoraxwandödeme nach Mammakarzinomtherapie heutzutage. Eine retrospektive Studie mit 1000 einseitig am Mammakarzinom operierten Patientinnen (mit Erstdiagnose von 2000-2007). Dissertation Universität Gießen, 2010.

SILIMA® Lingerie



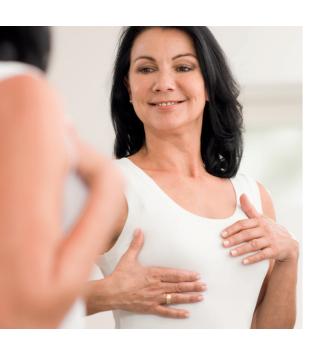
MOBIDERM® autofit

Patients use MOBIDERM® autofit to stabilize the results of CDT – even during night-time. Because it is important that the body is supported also during the maintenance phase. Used regularly, MOBIDERM® autofit prevents the dreaded rebound effect: the worsening of symptoms after decongestion. It optimally complements the daytime care with Thuasne compression products.

MOBIDERM® autofit is the comfortable solution for lymphoedema: easy to put on, comfortable to wear and without the need for extensive wrapping.

Regaining balance

Silhouette & life



SILIMA®

SILIMA® breast forms: Perfect compensation

After the wound has healed and the postoperative oedema has subsided, the patient receives her so-called permanent care with an optimally suitable breast form. Again: 100% tailored to the patient's personal situation.

With SILIMA® you have the choice between full and light breast forms, self-adhesive variants and more. Many women who have undergone breast preservation surgery like to use comparatively small compensating parts, for example, when volume deficits resulting from the operation require compensation or when radiation therapy has caused aesthetic consequences.



A FEMININE APPEARANCE COUPLED WITH EXCLUSIVE FEATURES AND DETAILS

- Soft padded adjustable straps for individual fitting.
- Higher soft edges prevents breast form from slipping while maintaining maximum arm mobility.
- Close-fitting neckline for perfect support thanks to the use of stretch fabrics, prevents gaping.
- Deep front panel for secure fit and support.
- Two deep cup-lining pockets for insertion left or right.
- Wider and close-fitting underbust banding for reassurance and enhanced comfort, prevents constriction in the trunk area.
- \bullet Double-layered fabrics for added hold and support on both sides.



Medical & Sport



CARA \triangle



- Compression bra following reconstructive or conservative breast surgery
- Moulded, double-layered cups for even compression without leaving an impression
- Wide straps, adjustable in three stages
- Front hook and zip fastening, softly lined
- Broad stretch band below the bust prevents cutting in and riding up

Art.-No. T57 2301

Sizes/Cup EUR (UK)

70 - 105 AA/A (32 - 46 AA/A) 70 - 105 B/C (32 - 46 B/C) 70 - 100 D/E (32 - 44 D/E) 105 D/E* (46 D/E) 110 - 120 AA/A*, B/C* (48 - 52 AA/A, B/C)

Indications

- Following any reconstructive breast surgery
- Following segmental or quadrant section

Fabric

54 % PA (polyamide), 33 % CO (cotton) 13 % EL (elastane)

Colours

Champagne, Black
*Only available in black

POST-OP BELT



- Anatomically shaped post-op belt with hook-and-loop closure
- Secures the breast implant and prevents its upward migration
- The anatomical shape supports the compression effect
- Highly elastic and soft, made of breathable Combitex fabric
- Supplied without bra

Art.-No. T57 2313

Sizes/Circumference

(Measure under the armpits above the chest) S/86 - 92 cm, M/92 - 98 cm L/98 - 108 cm, XL/108 - 118 cm XXL/118 - 128 cm

Indications

- Breast reconstruction after mastectomy
- Breast augmentation with silicone implants
- Following any reconstructive breast surgery

Fabric

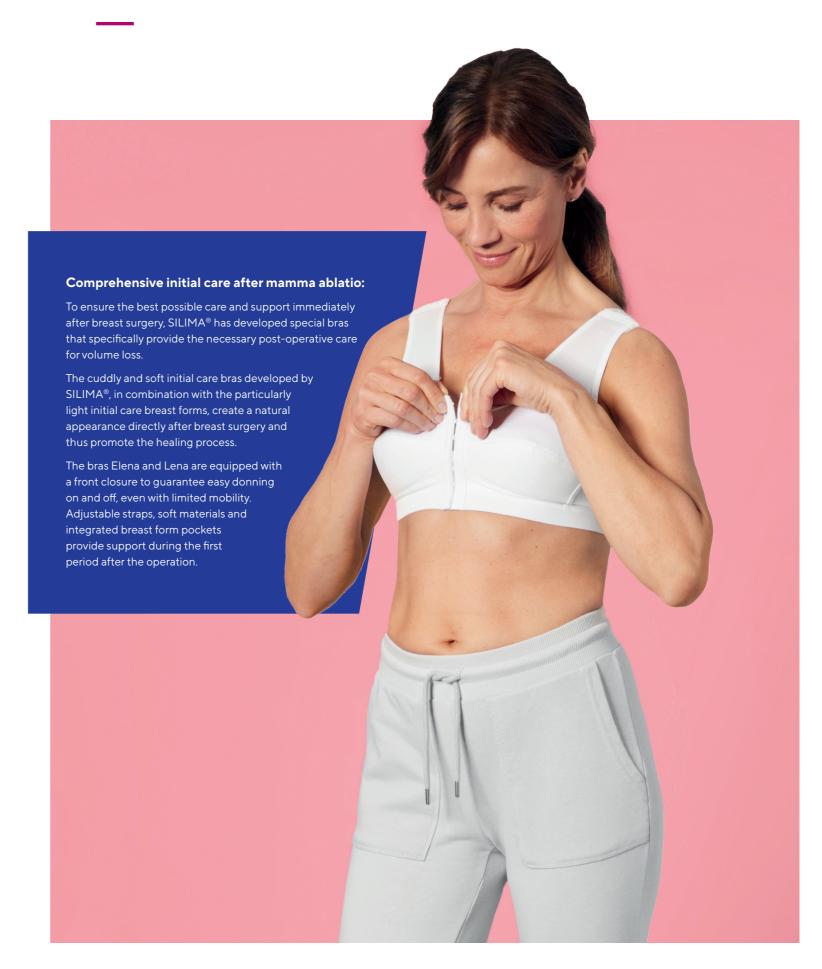
63 % PA (polyamide) 20 % PES (polyester) 17 % EL (elastane)

Colours

Champagne, Black



SILIMA® Lingerie





LENA •



- Ideal care for smaller cup sizes
- Highly elastic, pleasantly soft fabric
- Infinitely adjustable hook-and-loop fastening at the front and on the shoulders
- Easy and comfortable to use
- Maximum comfort
- Double-layered cups with two deep pockets

Art.-No. T57 2351

Sizes

S Cup A, M Cup A L Cup A, XL Cup A

Underbust measurement

S/70 - 80 cm/11,5 cm M/80 - 90 cm/12,5 cm L/90 - 100 cm/13,5 cm XL/100 - 110 cm/14,5 cm

Fabri

49 % PA (polyamide) 39 % CO (cotton) 12 % EL (elastane)

Colour White



ELENA •

- Post-operative care for larger cup sizes
- · Highly elastic, comfortable microfibre
- Front fastening for easy use, ideal when arm movement is restricted
- Extra-wide support straps
- Three-fold adjustable hook fastening with soft backing on the shoulder
- Cups with two deep pockets

Art.-No. T57 2891

Sizes/Cup EUR (UK)

75 - 115 A - D (34 - 50 A - D)

Hooks & Eyes

7 rows: 75 - 85 A - D (34 - 38 A - D) 8 rows: 90 - 95 A - D (40 - 42 A - D) 9 rows: 100 - 105 A - D (44 - 46 A - D) 10 rows: 110 - 115 A - D (48 - 50 AA - D)

Fabric

76 % PES (polyester) 17 % CO (cotton) 5 % PA (micropolyamide) 2 % EL (elastane)

Colour White



FIBREFILL BREAST FORMS TO TEMPORARILY RESTORE APPEARANCE



- The best solution for sensitive scar areas, slow healing wounds and radiotherapy
- Available as a symmetric short oval or triangle with additional strap at the base for bra attachment
- $\bullet \ \mathsf{Made} \ \mathsf{of} \ \mathsf{woven} \ \mathsf{fabric} \ \mathsf{with} \ \mathsf{fibrefill} \ \mathsf{filling}$

If a women who has undergone surgery feels all right and her scars are healing well, a silicone breast form can also be used straight away. Nevertheless, you should always show her an initial care breast form as well.

Initial care breast forms should be replaced as soon as possible with silicone forms. Some women do, however, find it hard to switch from a lightweight initial care breast form to a normal "heavy" silicone form. Please bear this in mind when giving advice.

Art.-No. T662273 Triangular, symmetric, with additional strap

Size 1 – 14

Fabric 75% CC

75% CO (cotton) 25% PES (polyester)

MOBIDERM® Intimate bra



2 deep pockets

MOBIDERM® Intimate bra



· Compressing lymph bra with mobilising Mobiderm pads (2 pieces) that are Integrated, removable and ready 70 - 115 XS - XL, AA/A, B/C, D/E (UK 32-50) for immediate use

• Integrated pockets for breast form

- Wide padded straps, adjustable in
- Easy to put on hook and zip front closure, softly lined
- Made from soft and compressive material
- Discreet nude colour, not visible under clothing
- Wide stretch band underneath the bust prevents cutting in and riding up Nude

Art.-No. T571301

Sizes/Cup EUR (UK)

Underbust measurement XS/70-75 cm (32-34)

S/80-85 cm (36-38)

M/90-95 cm (40-42)

L/100-105 cm (44-46)

XL/110-115 cm (48-50)

Fabric

64% PA (polyamide) 24% EL (elastane) 7% PES (polyester) 5% PUR (polyurethane)

Colour



Indications

- Acute or chronic edemas of the breast and/or the breast wall
- Postoperative edemas or edemas after radio therapy (only on intact skin)
- Chronic infiltration after reconstruction, remaining chronic breast wall edemas

Zip length (cm)

length of zip	XS	S	M	L	XL
AA/A	16	16	17	18	18
B/C	17	17	18	19	19
D/E	17	17	18	19	19

Strap width/ hook and eyes

hook and eye strap	xs	S	М	L	XL
AA/A	2er / 38 mm	2er / 38 mm	2er / 38 mm	3er / 57 mm	3er / 57 mm
B/C	2er / 38 mm	2er / 38 mm	2er / 38 mm	3er / 57 mm	3er / 57 mm
D/E	2er / 38 mm	2er / 38 mm	2er / 38 mm	3er / 57 mm	3er / 57 mm

Daily

SILIMA® Lingerie



ANNA •

smooth and even outline

Art.-No. T57 4602

Hooks & Eyes

Fabric

Sizes/Cup EUR (UK) 75 - 100 A - C (34 - 44 A - C) 75 - 95 D (34 - 42 D)

90 - 95 D (40 - 42 D)

55 % PA (polyamide) 17 % PES (polyester) 17 % PUR (polyurethane) 11 % EL (elastane) Colours Black/Anthracite Pearl/Silkgrey

2 rows: 75 - 85 A - D (34 - 38 A - D)

3 rows: 90 - 100 A - C (40 - 44 A - C),

Adjustable straps with soft back

bigger sizes with wider fastenings





• Moulded bra in shiny jacquard

• The Limited Stretch jacquard material has a lightweight appearance and provides excellent support at the sides

- Soft lace at the neckline
- Lightweight appearance thanks to the elastic, delicate Textronic lace at
- Moulded pocket lining made of very fine, elastic, breathable mesh
- Narrow adjustable straps with soft back, three-fold adjustable hook fastening

Art.-No. T57 4701

Sizes/Cup EUR (UK)

75 - 100 AA - C (34 - 44 AA - C) 75 - 95 D (34 - 42 -D)

Hooks & Eyes

2 rows: 75 - 85 AA - D (34 - 38 AA - D) 3 rows: 90 - 95 AA - D (40 - 42 AA - D)

78 % PA (polyamide) 22 % EL (elastane)

Colour





LUCILLE •

- Soft bra with seamless moulded
- Outer fabric made of elastic and supple jacquard in an elegant pattern
- · Reinforced side panels offer good
- Wide and soft padded straps provide good support, infinitely adjustable in the back

Art.- No. T575801

Sizes/Cup EUR (UK) 75 - 100 A, (34 - 44 A) 75 - 105 B, C (34 - 46 B,C) 80 - 100 D (36 - 44 D)

Hooks & Eyes

3 rows all sizes

Fabric

64% PA (polyamide) 34% EL (elastane) 2% PES (polyester)

Colours

White, Nude



Anna Slip*

Art.-No. T57 4691 **Sizes** 38 – 46 (34–42) **Colour** Pearl/Silkgrey





2 deep pockets

ELLA •



* While stocks last.



JULIE* ●

- Sporty microfibre T-shirt bra
- Moulded spacer cups
- · Lightweight, elastic, close-fitting, breathable, shape-retaining
- Ensures an even outline, suitable for women who have undergone conservative breast surgery or mastectomies
- 2 moulded pockets
- Side reinforcements for firm support
- Single jacquard microfibre for assured comfort
- Soft straps, adjustable at the back

Art.-No. T57 4101

Sizes/Cup EUR (UK)

75 - 95 AA (34 - 42 AA), 70 - 90 A - C (32 - 40 A - C), 75 - 90 D (34 - 40 D)

Hooks & Eyes

2 rows: 70/75 - 85 AA - B (32/34 - 38 AA - B), 75 - 80 C - D (34 - 36 C - D) 3 rows: 90 - 95 AA (40 - 42 AA), 90 B (40 B), 85 - 90 C - D (38 - 40 C - D)

Fabric

78 % PES (polyester) 15 % EL (elastane) 7 % PA (polyamide)

Colours

White



DIANA •

- Classic design coupled with good support and coverage
- Two-section cup
- Decorative lace trim across the neckline adds elegant flair
- Made of smooth, soft microfibre
- · Adjustable straps with soft shoulder padding

Art.-No. T572552

Sizes/Cup EUR (UK)

70 - 120 A - B (32 - 52 A - B) 75 - 110 C - D (34 - 48 C - D)

Hooks & Eyes

2 rows: 70 - 85 A - B, 75 - 80 C - D 3 rows: 90 - 120 A - B,

85 - 110 C - D

Fabric

34 % PES (polyester) 29 % PA (polyamide) 21 % EL (elastane)

16 % CO (cotton) Colours

White, Nude, Black, New color from autumn on Rasperry Red





2 deep pockets

^{*} While stocks last.

Lace

SILIMA® Lingerie

Lace lingerie by SILIMA® is absolutely feminine. Delicate and stylish lace emphasises curves in an elegant manner. The bras can be worn under classical as well as casual

Lace bras like our new Sophie look good even under slightly transparent materials. The combination of pretty details, comfortable fit and high-quality materials makes this model a must-have for every wardrobe. Nothing scratches, confines or pinches a real feelgood bra.

Many varieties of lace bras are available, with sewn cups or seamless moulded foam or spacer cups.



- Classy T-shirt bra in shiny jacquard
- Ensures a smooth and even outline
- Lightweight appearance thanks to the elastic, delicate Textronic lace at the back
- · Moulded pocket lining made of very fine, elastic, breathable mesh
- The Limited Stretch jacquard material has a lightweight appearance and provides excellent support at the sides
- Soft lace inserts at the neckline in accordance with the fashion trend ≥ High Apex
- Narrow adjustable, padded straps with soft back, three-fold adjustable hook fastening

Art.-No. T57 4801

Sizes/Cup EUR (UK)75 - 100 A - C (34 - 44 A - C)
75 - 95 D (34 - 42 D)

Hooks & Eyes 2 rows: 75 - 85 A - D (34 - 38 A - D) 3 rows: 90 - 95 A - D (40 - 42 A - D), 100 A - C (44 A - C)

Fabric

41 % PA (polyamide) 28 % PUR (polyurethane) 19 % PES (polyester) 12 % EL (elastane)

Colours

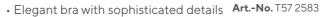
Pearl, Nightblue/Black







LOLA •



- Soft wireless bra with new modern
- Use of new feminine jacquardtronic lace with three-dimensional embroiderv
- White model has white rather than skin-coloured pockets
- Optimized cut

Sizes/Cup EUR (UK)

75 - 105 A - C (32 - 46 A - C) 75 - 100 D (32 - 44 D) 75 - 95 E (32 - 42 E)

Hooks & Eyes

2 rows: 75 - 85 A - B (32 - 38 A - B), 75 - 80 C - E (32 - 36 C - E) 3 rows: 90 - 105 A - B (40 - 46 A - B), 85 - 105 C (38 - 46 C), 85 - 100 D (38 - 44 D), 85 - 95 E (38 - 42 E)

Fabric

White: 72 % PA (polyamide) 24 % EL (elastane), 4 % CO (cotton) Black: 77 % PA (polyamide) 23 % EL (elastane)

Colours White, Black



FLORA •



- For a sublime and feminine look
- Supple, stretch floral lace, fully lined
- Soft shoulder padding, adjustable straps
- Neckline insert for extra security and camisole effect Art.-No. T64 2071

Art.-No. T57 2081

Sizes/Cup EUR (UK)

70 - 95 AA - C (32 - 42 AA - C) 70 - 90 D (32 - 40 D)

Hooks & Eyes

2 rows: 70 - 85 AA - B (32 - 38 A - C) 70 - 80 C - D (32 - 36 C - D) 3 rows: 90 - 95 AA - B (40 - 42 AA), 85 - 95 C (38 - 42 C) 85 - 90 D (38 - 40 D)

Fabric

75 % PA (polyamide) 19 % EL (elastane) 6 % CO (cotton)

Colours

White, Champagne, Black



Colours

White, Black

BIANCA* •



- Feminine bra designed especially for the smaller bust
- Padded cups ensure a smooth and even outline
- Particularly comfortable
- Slightly wider, adjustable straps with soft lining
- Beautiful top fabric detail adds a touch of elegance

Art.-No. T57 2691

Sizes/Cup EUR (UK)

70 - 95 AA - B (32 - 42 AA - B)

Hooks & Eyes

2 rows: 70 - 95 AA - B (32 - 42 AA - B)

Fabric

60 % PA (polyamide) 18 % PES (polyester) 12 % CO (cotton) 10 % EL (elastane)

Colour

White





SOPHIE •





29





SOFT COMFORT* ●

· Soft relief bra with net lace trim, wireless for perfect hold and optimal adaptation to the shape of the breast 75-105 B-E (34-46 B-E)

- Super-soft seamless moulded cups made of 3D spacer material with high breathability; light, elastic and fast drying
- Seamless moulded cups cover irregularities without being bulky; side sickle-shaped reinforcements provide extra hold
- · Upper cup with elastic panel in fashionable embroidered net lace and delicate little neckline bow
- · Soft, broad and anatomically shaped underbust band
- Wider, continuously adjustable and padded straps

Art.-No. T57 5301

Sizes/Cup EUR (UK)

Hooks & Eyes

2 rows: 75 - 85 B - E (34 - 38 B - E) 3 rows: 90 - 105 B - E (40 - 46 B - E)

44 % PA (polyamide) 29 % EL (elastane) 27 % PES (polyester)

Colours



COMFORT*△

- Long-line bra with convenient front fastening
- Two-section cup
- · For women with a larger bust following bilateral surgery
- · Optimal support for a heavy bust, suit-able for ladies suffering from shoulder-arm syndrome or lymphoedema in the chest, shoulder and arm
- Optimal support for a heavy bust, suitable for ladies suffering from shoulder-arm syndrome or lymphoedema in the chest, shoulder and arm
- Does not ride up
- Reinforced underbust support
- Skilful accentuation of front and back neckline with flattering, elastic lace

Art.-No. T57 1651

Sizes/Cup EUR (UK)

80 - 120 B - D (36 - 52 B - D) 90 - 120 E (40 - 52 E)

Hooks & Eyes

13 rows: 80 - 105 B - C (36 - 46 B - C) 14 rows: 80 - 105 D - E (36 - 46 D - E) 110 - 120 B - C (48 - 52 B - C) 15 rows: 110 - 120 D - E (48 - 52 D - E)

Fabric

66 % PA (polyamide) 32 % EL (elastane) 2 % CV (viscose)

Colours

White, Nude, Black





2 deep pockets \triangle Without pocket. * While stocks last.

GALANT BACK FASTENING △





- Two-section cup
- Stretch lace
- · Optimal support for a heavy bust, suitable for ladies suffering from shoulder-arm syndrome and/or lymphoedema
- Reinforced underbust support
- Particularly wide, softly padded straps, not adjustable

△ With 1 pocket provided.

Art.-No. T57 1542

Sizes/Cup EUR (UK)

80 - 100 A (36 - 44 A) 80 - 115 B - C (34 - 50 B - D) 85 - 115 E (38 - 50 E)

Hooks & Eyes

5 rows: 75 - 95 A - E (34 - 42 A - E) 6 rows: 100 - 115 A - E (44 - 50 A - E)

Fabric

80% PA (polymaide) 20% EL (elastane)

Colours

White, Rosé, Black



BALANCED SUPPORT •

- Soft wireless modern bra featuring colour-matching jacquardtronic lace Sizes/Cup EUR (UK) with 3-dimensional embroidery
- Broad, padded and adjustable straps as well as anatomically shaped underbust band
- Cotton-rich pockets for optimal moisture exchange
- Higher cut, two-section cup and double interlock for best fit, relief and hold

Art.-No. T57 1462

80 - 110 B - E (36 - 48 B - E) 80 - 105 F (36 - 46 F)

Hooks & Eyes

3 rows: 80 - 90 B - F (36 - 40 B - F) 4 rows: 80 - 110 B - F (36 - 48 B - F)

39 % PA (polyamide), 25 % CO (cotton), 19 % PES (polyester), 17 % EL (elastane)

Colours

White, Black





GALANT FRONT FASTENING △



- Short-line bra with clever details
- Two-section cup
- Stretch lace
- · Optimal support for a heavy bust, suitable for ladies suffering from shoulder-arm syndrome and/or lymphoedema
- Reinforced underbust support
- Particularly wide, softly padded straps, not adjustable

△ With 1 pocket provided.

Art.-No. T57 1552

Sizes/Cup EUR (UK)

80 - 100 A (34 - 44 A), 80 - 115 B - C (34 - 50 B - C), 85 - 115 D - E (38 - 50 D - E)

Hooks & Eyes

7 rows: 80 - 90 A - C (36 - 40 A - C); 8 rows: 80 - 90 D - E (36 - 40 D - E), 95 - 105 A - C (42 - 46 A - C) 9 rows: 95 – 105 D – E (42 – 46 D – E), 110 - 115 A - C (48 - 50 A - C) 10 rows: 110 - 115 D - E (48 - 50 D - E)

Fabric

80% PA (polyamide) 20% EL (elastane)





² deep pockets

Breast forms



Natural wellbeing

When you recommend SILIMA® breast forms to your customers, you are recommending carefully tested quality made in Germany. Thuasne has been manufacturing its products carefully by hand and using the very latest technology in Burgwedel in Lower Saxony for more than 45 years. A continuous improvement process ensures that SILIMA® breast forms keep pace with the care needs of women who have undergone breast surgery. For example, regular developments of new and innovative products in different shapes and designs respond to advances in surgery techniques.

The SILIMA® brand stands for a feeling of natural wellbeing. Women who have undergone breast surgery particularly appreciate the pleasant silkiness of the breast forms, which feel gentle on their skin.

Worn with a SILIMA® bra, these breast forms always create an aesthetic and harmonious entity. The feminine body image is recreated: personalised and right down to the last detail. This confidence helps your customers regain their zest for life and thus plays a key role in both the physical and mental healing process.

Different sizes and versions are available to ensure the best possible solution for each personal situation.

THE SILIMA® PROCESS

SILIMA® has developed a special processing technique for adjusting the elasticity of the silicone to assure the natural quality of SILIMA® breast forms made of soft, yet at the same time textured and extremely tear-proof, silicone. High-elasticity, gossamer-thin polyurethane (PU) film encases the soft silicone body of the SILIMA® breast forms like a skin and prevents the molecules from escaping to the surface. The film is extremely tear-proof, which further enhances the durability of the breast form. Furthermore, the PU film and silicone join to form a single unit, which ensures very natural movement.

Skin friendly and gentle

The polyurethane film is elastic, resistant to chlorine and salt water, and heat conducting, which allows the breast form to adopt body temperature when worn.

The film is not just skin friendly: it also feels natural. And thanks to a special matt finish, it even resembles the appearance of skin very closely

A natural beige tone, together with two different shades of brown are available to match the respective skin colour, thus making sure the breast form looks quite natural, even under flimsy clothing.

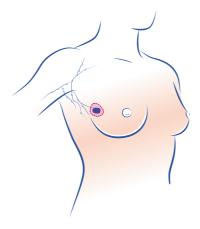


SILIMA® – quality that lives up to its promise

The introduction of a quality management system and certification of the same in accordance with ISO 13485 and ISO 9001 ensure the consistently high quality of SILIMA® breast forms, from development, through production, right up to despatch. After all, we want nothing more than to satisfy you and your customers.

Care following

Conservative surgery



Perfect compensation and flawless contour

SILIMA® partial breast forms restore the natural symmetric contour of the bust following conservative breast surgery or extensive oncoplastic surgery with resulting aesthetic deficits.

Nowadays, some 80 percent of all patients do not need to undergo mastectomy. Conservative breast surgery is the standard approach to treating malignant breast cancer these days. Conservative therapy, or even elaborate breast reconstruction procedures, however, sometimes only result in partial recovery, or are unaesthetic. These changes are only rarely detectable immediately after surgery. They usually only occur once post-operative radiotherapy has been given. Given the preceding radiation therapy, surgical correction only rarely produces the desired result. Moreover, it entails the use of stressful reconstruction techniques.

The gentle alternative

If the result of conservative or oncoplastic surgery is aesthetically unsatisfactory, SILIMA® partial breast forms can reproduce a natural, symmetric bust contour. Equally, if surgery entails several operations, they can serve as an interim solution

SILIMA® partial forms come in various sizes, shapes and thicknesses, allowing you to offer your customers a perfect fit that is superbly comfortable and guarantees maximum freedom of movement, in any situation.

PREMIUM Volume compensation for uneven areas Particularly for arm For medium volume For very low volume oedemas or lymphcompensation Compensation oedemas/also for for nipple coverage with or without for up to 2 cup sizes extensive volume safety strip compensation Pleasant air circulation Liahter - 60% **SILIMA SILIMA® SILIMA® SILIMA®** ultra Light xtra® Shell conform

SILIMA® XTRA



New: More volume for an optimal balance and even more naturalness –SILIMA® –Perfectly me!

- Perfect hold on the skin and in a bra
- Whether placed beneath the breast or at the side, these soft partial forms create a perfect appearance following conservative breast surgery or when the two breast sizes differ
- A lack of tissue or volume in the upper part of the breast is compensated by the push-up effect from below or from the side. The smaller sizes are ideal for replenishing volume around the tip, e.g. following breast reconstruction
- The special, medically tested adhesive pads ensure that SILIMA® xtra stays firmly in place in a bra and is not visible. The adhesive pads can be worn over longer periods, and new pads purchased, if necessary.

 As such, SILIMA® xtra is very durable as an adhesive breast compensation solution

Adhesive pads with cleaning board

Art.-No. T64 107

- The gradually tapering edges and soft material nestle gently and naturally against the breast without any visible transitions
- The matt outer film enhances the natural appearance
- SILIMA® xtra can be worn left or right in any well-fitting bra
- SILIMA® xtra comes complete with adhesive pads and cleaning accessories. The individual components can be reordered separately

Art.-No. T661072

Sizes	Measurement lenght in cm	Measurement height in cm
1	10,0	4,8
2	12,5	6,4
3	15,6	7,6
4	18,5	9,0

All measurements are approximate and may vary slightly.



Special brush

Art.-No. T13 301





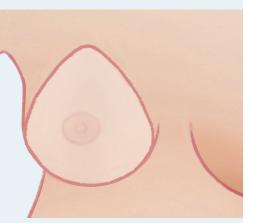
Positioning SILIMA xtra underneath or

at the outer edge supports or lifts the breast, thus restoring its customary

Illustrations SILIMA® xtra

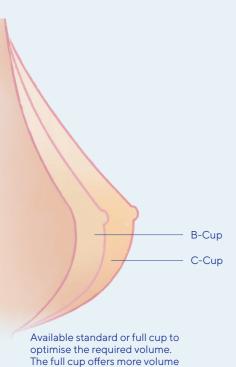
Size 1 or 2 can compensate volume deficits at the tip of the breast; can be combined with a self-adhesive nipple.

Illustrations SILIMA® shell



SILIMA shell form for use on either sides. Wearable with or without adhesive solution.

Illustrations SILIMA® shell



around the outside and is about 1 cm fuller.



- For a smooth and even outline
- Worn directly on the skin
- Flat, natural transition where the bra straps join, the outer edges nestle softly and gently against the skin
- Anatomical, symmetric shape, mirrors the curvature of the chest wall
- Restores the natural appearance
- SILIMA® shell can be worn with just one adhesive strip
- The adesive strip can be ordered separately
- The ultra-thin adhesive strip unobtrusively sticks to the back of the form
- The one-piece adhesive strip makes the form even easier to handle and clean and even more secure to wear

Adhesive strips

Art.-No. T643872

Size 1: Form sizes 1 and 2

Size 2: Form sizes 3 and 4

Size 3: Form sizes 5 and 6

Size 4: Form sizes 7 and 8 Size 5: Form sizes 9 and 10

Size 6: Form size 11

SILIMA® SHELL



Art.-No. T66 3802 Cup/sizes Standard/B1-11 Full/C 3 - 12

Description anatomical, symmetric



SILIMA® CONFORM



- A particularly aesthetic soft and smooth fitting form
- Ideal for sensitive scar tissue and suitable for initial care
- The standard cup has a deep hollow on the underside, making it particularly good for moderate loss of tissue
- The full cup has a shallower hollow, offering more volume to compensate greater loss of tissue
- Velvety matt outer skin
- Particularly soft inner layer made of transparent silicone
- Thin, softly tapering edge for smooth transition
- Best worn directly on the skin



Art.-No. T66 3901

Cup/sizes

Standard/B: 2/3, 4/5, 6/7, 8/9, 10/11 Full/C: 4/5, 6/7, 8/9, 10/11

Description

anatomical, symmetric 2-layered

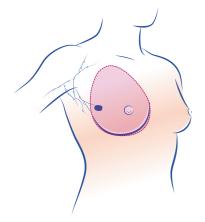






* While stocks last.

Post-mastectomy care



Individuality for a natural appearance

The development of SILIMA® breast forms reflects current surgery methods and compensation requirements resulting in a wide variety of forms and versions to ensure the best possible solution for your customers.

For minimum/no underarm tissue deficit: SILIMA® breast forms without lateral extension (symmetric)

A less severe mastectomy removes the mammary tissue and some lymph nodes around the bust, while leaving the pectoral muscle and other lymph nodes. This procedure results in no, or only minimal, loss of underarm tissue. In this case, a SILIMA® breast form without a prominent lateral extension is the best solution.

SILIMA® SOFT & LIGHT



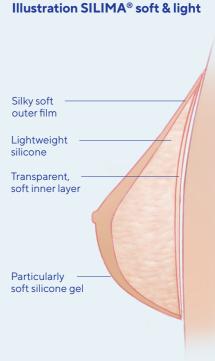
- So soft so natural
- · Softly rounded, natural form
- · As soft as a natural breast
- Wide choice of cups for best possible compensation of moderate and fuller busts



Art.-No. T66 3782 **UK Name** SILIMA® elegance clear

Cup/sizes Standard/B 1 - 11 Full/C 3 - 14

Descriptionanatomical, symmetric
3-layered



BASIC

PREMIUM

SILIMA[®]

direct

SILIMA"

elite

Complete volume compensation/ full weight

For larger tissue _____volumes



SILIMA classic symmetric

SILIMA'

soft & light

symmetric

SILIMA® SOFT & LIGHT SUPER SOFT



- Natural and particularly smooth-fitting
- Super soft cup nestles closely in the bra cup and thus resembles even more to particularly soft breast tissue
- Adapts to fit the thoracic wall with ease, ideally suited for sensitive scar tissue
- For an optimum weight compensation 15 % lighter than the remaining breast due to the soft silicone core
- Adapts naturally to all body movements, whether standing, sitting or lying down
- Lightweight silicone core encased in particularly soft silicone



Art.-No. T66 3791 **UK Name** SILIMA® optima

Cup/sizes Standard A/B 1 – 11

Description anatomical, symmetric 3-layered

Illustration SILIMA® soft & light super soft

outer film

Silky soft

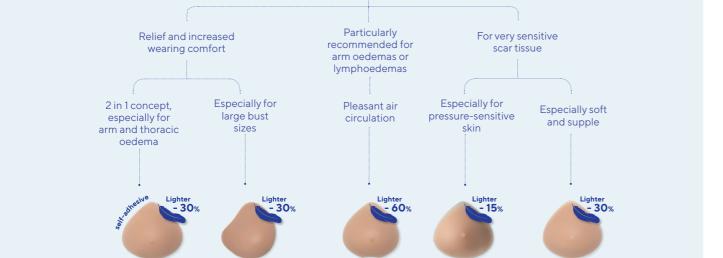
soft inner layer

Lightweight -

silicone

Transparent.

Particularly — soft silicone gel



SILIMA"

ultra light

SILIMA[®]

soft & light

super soft

Complete volume compensation/reduced weight

SILIMA® ULTRA LIGHT

Illustration SILIMA® ultra light - 60% Silky matt external film Lightweight silicone ring-formed design weightless • 2-layer breast form

Special edge finish

Illustration SILIMA® direct

Flat edges of the adhesive pad in the upper area

Matt outer layer

Normal silicone

Adhesive pad

the breast form

Non-adhesive

section of the

adhesive pad for

perfect fit of the

Specially moulded

perfect positioning

of the adhesive

breast form

Lightweight

underside for

silicone

pad

for secure positioning of



- Perfect compensation that feels
- · Weighs up to 60 % less than conventional gel forms thanks to the use of special lightweight silicone
- · Unique ring-formed design guarantees stability as well as natural move-
- Deeply hollowed underside to protect the sensitive scar area
- · Underside edge finish ensures good air circulation. Water drains off easily when swimming



- · Anatomical, symmetric shape
- Particularly suitable for patients with lymphoedema
- A good solution even if considerable amounts of tissue are removed during conservative surgery

Art.-No. T66 3741

Cup/sizes

Full/C 3 - 14

Description

2-layered

Standard/B1-11

anatomical, symmetric

SILIMA® ELITE



- · Natural compensation for women with a large bust
- Reduced weight for enhanced comfort
- Extra-full cup volume within a small cup area
- · Silky-soft surface
- Anatomical shape
- · Adapts to the widest range of very individual needs
- · Can be worn left and right



Art.-No. T66 3981

Cup/sizes

Extra Full/D/E 8/9, 10/11, 12/13, 14/15

Size chart international (imperial)

D-Cup 90/95 (40/42): 8 - 10 D-Cup 100 - 120 (44 - 52): 12 - 14 E-Cup 80 - 95 (36 - 42): 8 - 10 E-Cup 100 - 120 (44 - 52): 12 - 14 F- and G-Cup 75 - 95 (34 - 42): 8 - 10 F- and G-Cup 100 - 120 (44 - 52): 12 - 14

Description

anatomical, symmetric 3-layered

Illustration SILIMA® elite

SILIMA® elite provides a large cup volume despite the smaller area (pink line) compared with previous solutions (white line)

SILIMA® DIRECT





Rear view with adhesive pad

Softer and smoother to the touch -silicone blend like bestseller soft & light for optimal balance. SILIMA® - Perfectly me!

- Versatile breast form with excellent adhesion for close and secure fitting
- SILIMA® direct comes with a thin, soft and supple, yet shape-retaining adhesive pad
- Perfectly comfortable with adhesive pad. SILIMA® direct can also be worn as a non-adhesive breast form
- Specially moulded underside for perfect positioning of the adhesive pad
- The adhesive pad is not visible
- · When worn daily, the adhesive pad only needs to be cleaned once or twice a week
- Anatomically and symmetrically

designed for natural movement

- Matt outer skin that resembles natural breast skin
- Adapts to the body reliably and without changing shape

Art.-No. T66 3772

Cup/sizes

Standard/B1-11 Full/C 3 - 12

Description

anatomical, symmetric 3-layered

SILIMA® direct comes complete with adhesive pad and cleaning accessories. The individual components can be reordered separately.

SILIMA® CLASSIC SYMMETRIC



- · Tried and trusted solution for restoring a natural appearance
- Anatomical shape, mirrors the natural curvature of the chest wall
- Nestles closely in the bra cup without creasing
- For patients without underarm tissue loss, and for slim women



Art.-No. T66 3701 UK Name: SILIMA® triform classic

Cup/sizes Standard/B 1 - 11, Full/C 3 - 14

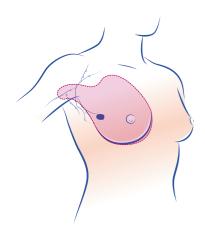
Description anatomical, symmetric 1-layered

symmetric Gossamer thin, matt polyurethane Addition cure silicone Cavity

Illustration SILIMA® classic,

Treatment

After radically modified mastectomy



For underarm tissue deficit: SILIMA® breast forms with lateral extension (asymmetric)

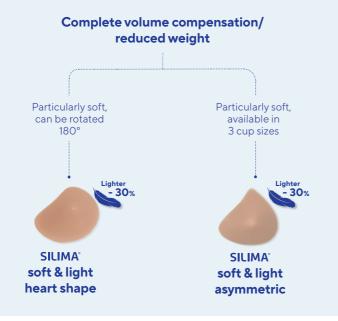
A modified radical mastectomy removes not just the mammary gland and fatty tissue, but also the lymph nodes, resulting in a noticeable loss of underarm tissue. A SILIMA® breast form with extension, i.e. that tapers at the sides under the arms, provides the best fit in such instances. This holds especially true for women with a fuller figure. By contrast, a form without extension may be more suitable for slim women, even if they have suffered tissue loss down the side.

BASIC

Volume compensation/ full weight Proven, natural
standard care,
available in three
cup sizes

SILIMA classic asymmetric

PREMIUM



SILIMA® CLASSIC ASYMMETRIC



- The same as the symmetric version, except:
- Elongated at the sides to compensate underarm tissue loss
- Ideal for uneven scars or immediately following surgery thanks to the shallow hollow on the underside
- Wide tapering at the sides for guaranteed non-slip hold in a bra
- Wide, moulded bottom edge: supports the form against the body and ensures firm hold when worn directly against the skin
- Flat natural transition where the straps join and under the arms
- · Flat upper breast, especially cup A



Art.-No. T66 3601 **UK Name** SILIMA® contura classic

Cup/sizes A1-7 Standard/B1-10

Full/C 5 – 11 **Description**

Descriptionanatomical, asymmetric 1-layered

SILIMA® SOFT & LIGHT ASYMMETRIC



- Three-layer design for enhanced comfort
- Up to 30 % lighter than conventional gel forms
- Cup available in three sizes
- · As soft as a natural breast
- The asymmetric shape with tapered sides ensures a perfect fit when underarm tissue has been lost as a result of removing lymph nodes



Art.-No. T66 3682 UK Name SILIMA® discreetly Cup/sizes

A 3 – 7, Standard/B 3 – 10 Full/C 5 – 12

Description

anatomical, symmetric 3-layered Illustration SILIMA® classic, asymmetric

Gossamer thin, matt polyurethane film

Addition cure silicone

Cavity

Silky soft outer film

Lightweight silicone

Transparent, soft inner layer

Particularly

soft silicone gel

Illustration SILIMA® soft & light

SILIMA® SOFT & LIGHT HEART SHAPE

Illustration SILIMA® soft & light heart shape Silky soft outer film Lightweight silicone Transparent, soft inner layer Particularly soft silicone gel



- Three-layer design for enhanced comfort
- Lightweight silicone core with naturally soft cup and silky-soft inner layer
- Up to 30 % lighter than conventional gel forms
- Adapts to fit the thoracic wall with ease, ideally suited for sensitive scar tissue
- Even looks lightweight, thanks to the transparent inner layer
- Adapts naturally to all body movements, whether standing, sitting or lying down
- Symmetric shape, adapts to become asymmetric
- Gently tapers to the neckline and underarm area



 The curve fills the lower breast area particularly well and stops the form from rubbing against the remaining natural breast

Art.-No. T66 3281 **UK Name** SILIMA® embrace

Cup/sizes Standard/B 1 - 8 Full/C 5 - 12

Description

anatomical, symmetric 3-layered

SILIMA® COLOR VARIETY



ART. NO	PRODUCT	LIGHTTINTED	MEDIUM TINTED	DARKTINTED
T66227	SILIMA Fiberfill dreiecksform	х		
T66360	SILIMA classic asymmetrisch	х	х	х
T66370	SILIMA classic symmetrisch	х	х	х
T66379	SILIMA soft&light, Super soft	х	х	х
T66398	SILIMA elite	х	х	х
T66377	SILIMA direct	х	х	х
T66368	SILIMA soft&light asymmetrisch	х	х	х
T66378	SILIMA soft&light symmetrisch	х	х	х
T66328	SILIMA soft&light Herzform	х	х	х
T66374	SILIMA ultra light	х	х	х
T66380	SILIMA shell	х	х	х
T66390	SILIMA conform	х	х	х
T66107	SILIMAXtra	х		
All	Serena	х		

Swimwear

Black is back - Elegant and excellent





Ancona^{1, 3}

Art.-No. T59601 (D) (NL) (B) (CH) (A)

Cup B 38 - 52 Cup C 38-50 Cup D 40 - 50

Material 78 % PA, 22 % EA



Rimini³

Art.-No.T59610

(D) (NL) (B) (CH) (A) Cup B 36-46 Cup C 40-46

Material

72% PA, 28% EL Sensitive, Lycra® XtraLife



Ravenna^{1, 3}

Art.-No. T59611

Cup D 38 - 46

(D) (NL) (B) (CH) (A) Cup B 38-46 Cup C 38-46

Material

Print: 78% PA. 22% EL Plain: 78% PA, 22% Lycra® XtraLife

Maritime - Sea stripes





Brittany^{1,3}

Art.-No. T59612 D NL B CH A Cup B 38 - 50 Cup C 38 - 50

Cup D 40 - 50 Material 78% PA, 22%EA

Provence^{1,3} **Art.-No.** T59613

D NL B CH A Cup A 38-44 Cup B 38-46 Cup C 40-46

Material



78% PA, 22% Lycra®



Avignon^{3,4}

Art.-No. T59614

D NL B CH A Cup A 38-46 Cup B 38-46 Cup C 38-46

Material

Print: 80% PA, 20 % Lycra® Plain and pants: 78% PA, 22% Lycra® XtraLife



Toulon^{3,5}

Art.-No. T59615

D NL B CH A Cup A 36 - 42 Cup B 38-46 Cup C 40 - 44

Print: 78% PA, 22 % EL Plain and pants: 78% PA, 22% Lycra® XtraLife

Power paisley





Red Blossom^{1,3}

Art.-No. T59616 D NL B CH A Cup B 38-48 Cup C 38-48

Material Material 85% PA, 15%EL



Power Paisley^{1,3}

Art.-No. T59617 D NL B CH A Cup B 38-48 Cup C 38-48

81% PA, 19% EL



Deep Ocean^{1,2,3}

Art.-No. T59618 D NL B CH A Cup B 40-56

Cup C 40 - 54 Cup D 42-48

Material Print: 83% PA, 17% EL Plain: 72% PA, 28% EL, Sensitive, Lycra® XtraLife



SILIMA® ultra light

Art.-No. 66 374 Standard/B1-11 Full/C 3-14

Fashionable and confident on the beach

Summer, sun, leisure - your customers will look good at the beach or pool in SILIMA® swimwear. The wide range offers something for everyone. The attractive styles are tailored to the specific needs of your customers - ideally **fit for purpose** and **fashionable** at the same time. The swimsuits are extremely comfortable and guarantee reliably secure hold, when both sunbathing and swim-

You will find the current collection in our special swimwear catalogue.

- Higher neckline for secure fit and reliable scar concealment. The top of the breast and the form cannot
- · Cut higher under the arm to enhance the comfort of
- Deep incorporated pocket holds the breast form securely in place and prevents it falling or floating out.
- All swimsuits with soft lined cups that adapt naturally.
- Higher back for better strap hold.
- Lycra tulle corsage flatters the figure and provides support.

Informations and sizes

All designs have soft cups and incorporated pockets. Further equipment features depending on model.

- 1 Swimsuits with integrated half corsage at the front.
- 2 Swimsuits with integrated half corsage and - from size 48 - full corsage.
- 3 Adjustable straps.
- 4 Adjustable and detachable straps mean this model can also be used as a halterneck.
- 5 Bikini without soft cups.

Lycra Xtra Life: Exceptional colour resistance and shape retention, excellent comfort, quickdrying, high level of chlorine resistance, low water absorption, low maintenance.

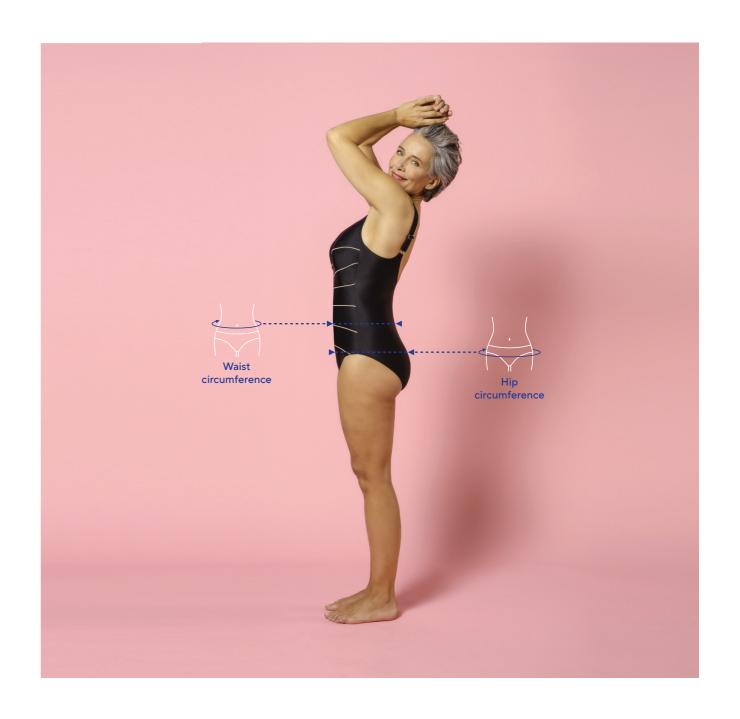
Sensitive: Exceptionally soft to the touch, high level of air permeability, high UV protection (UPF 50+).

Darwin: 100% chlorineresistant, high UV protection, outstanding breathability, comfortable on the skin, soft to the touch, quickdrying, extremely durable.



SWIMWEA	R SIZES -	EU SIZE	S									
D NL B CH A	34	36	38	40	42	44	46	48	50	52	54	56
(GB)	30	32	34	36	38	40	42	44	46	48	50	52
(USA)	6	8	10	12	14	16	18	20	22	24	26	28
	38	40	42	44	46	48	50	52	54	56	58	60
F	36	38	40	42	44	46	48	50	52	54	56	58





HOW TO MEASURE AND FIT CORRECTLY SWIMWEAR

Waist circumference in cm			72-77								112-117
Hip circumference in cm	92-96		100-104								132-136
EU size Swimwear		L									
EU	36	38	40	42	44	46	48	50	52	54	56
Underbust size, different mark	ets	•		•							
EU	70	75	80	85	90	95	100	105	110	115	120
F/E	85	90	95	100	105	110	115	120	125	130	135
I	1	2	3	4	5	6	7	8	9	10	11
GB/US	32	34	36	38	40	42	44	46	48	50	52
AUS/ NZ	10	12	14	16	18	20	22	24	26	28	30

This size table is for orientation purposes only. If there is a large difference between the waist and hip sizes, the larger size should be chosen.

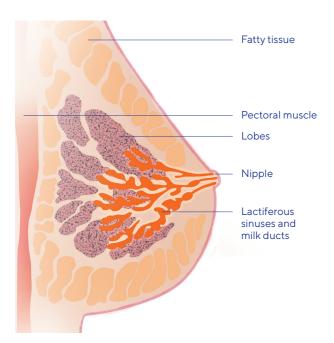
WHAT YOU SHOULD KNOW ABOUT BREAST CANCER

Malignant breast tumours are the most frequent form of cancer among women in Europe. Every fourth cancer diagnosed among women afflicts the breast. From the age of 40, the risk of cancer gradually increases. It is estimated that in the year 2000 there were 350,000 new breast cancer cases in Europe, while the mortality was estimated at 130,000 (European Network of Cancer Registries – ENCR, Cancer Fact Sheets, 2002). In order to understand why the restoration of physical appearance is so important for the mental stabilisation of women who have undergone breast surgery and thus for their return to leading a normal life, it helps to understand the structure of the female breast, how breast cancer occurs, and how it is treated.

Structure and function of the female breast

The term "breast" describes the milkproducing gland whose primary function is to feed newborn babies. The medical descriptive term is Mamma.

The glandular tissue is arranged around the nipple, vir-



The term breast describes the milk-producing mammary gland. The surrounding fatty and connecting tissue gives the breast its shape and softness.

tually in a star shape. It consists of milk-secreting lobules (Lobula) arranged in groups and the so-called milk ducts (Ductuli), which run, like paths, towards the nipple and to the outside, some 15 to each nipple. The lobules and ducts are embedded in fatty and connective tissue that gives the breast its shape and softness. A breast does not have any muscles, but lies on the major and minor pectoral muscles. A network of nerves, blood vessels and lymph channels supplies nutrients and hormones to the breast tissue.

Most of the lymph channels – consisting of lymphatic vessels and lymph nodes – run towards the armpit, with a few leading towards the breastbone and collarbone. Normally, lymph nodes are pea sized, at most, soft and virtually impossible to feel.

Inflammations, but also malignant illnesses, can cause them to swell and harden. But just because you can feel a node does not necessarily mean it is malignant. More than three quarters are benign, and frequently indicate mastopathy, i.e. an accumulation of connecting tissue, or cysts filled with fluid.

How breast cancer develops

In the case of malignant tumours, the tumour cells reproduce unhindered, destroy the surrounding tissue, and can be transported along the blood and lymph channels to other parts of the body where they can start forming metastases.

Malignant tumours in the breast (breast cancer) start in the surface (epithelial) cells of the milk ducts, although some also form in the lobes.

If the tumour has not penetrated the cell walls, the basal membrane of the gland tissue, it is referred to as a carcinoma in situ, contained at its location of occurrence. At such an early, non-invasive stage, the chances of curing the cancer by surgically removing the tumour are good. Once the tumour cells have penetrated the basal membrane and started growing in the surrounding connecting and fatty tissue, they become what is known in medicine as an invasive tumour – breast cancer.

Cancer is caused by changes in the genetic material of body cells that result in dysfunctional growth. Why a healthy cell mutates into a cancer cell is, however, still largely unresearched, although statistics do permit the derivation of specific risk factors. Accordingly, women face a higher risk of contracting breast cancer

- if their close relatives had breast cancer,
- $\boldsymbol{\cdot}$ if they are older than 50,
- if they have formerly suffered from breast cancer,
- if they have problematic mastopathy,
- if numerous microcalcifications are detected by mammography, or
- if tissue samples indicate a higher risk of cellular degeneration.

THE VARIOUS TYPES OF SURGERY FOR BREAST CANCER

There are various options for surgically removing breast carcinoma these days: radical, modified radical or simple mastectomies, or conservative breast surgery. The latter include quadrantectomy, tumorectomy or segmental mastectomy.

Conservative breast surgery

Nowadays, most breast cancer patients can undergo conservative breast surgery. The ratio of tumour size to overall mammary tissue plays a key role in determining whether conservative surgery is possible.

In order to indicate the area of change in the mammary gland, the breast is roughly divided up into four quadrants. Most malignant tumours are found in the outer, upper quadrants, i.e. between collarbone and armpit. A quadrant resection removes both the tumour and – to be on the safe side – the tissue in that quadrant. This type of surgery does, however, frequently produce a cosmetic result that is less than ideal. A tumorectomy or segmental mastectomy removes the tumour and surrounding tissue to a "safe" distance of about two centimetres to healthy tissue. This safe distance around the tumour aims to include any cells that might have invaded the surrounding tissue.

As a rule, some lymph nodes are also removed from the armpit during conservative breast surgery to enable exact diagnostics. The operation usually leaves only small, scarcely visible scars. Conservative breast therapy is often followed by radiotherapy.

Mastectomy

A radical mastectomy removes the entire mammary gland including the associated pectoral muscles and lymph nodes. The cut stretches from around the shoulder joint down to the abdomen. The chest usually takes on a very concave shape as a result.

This radical approach to breast surgery was very common, especially in the 1970s. Nowadays, modified radical mastectomies remove the entire mammary gland, together with the associated lymph nodes in the armpits. The pectoral muscles are left, or only removed if also tumour-ridden. A simple mastectomy removes the entire gland tissue but leaves the axillary lymph nodes.

ADJUVANT THERAPIES

Various therapies are available to supplement or support breast cancer treatment. These include, for example, radiotherapy and/or medication, such as chemotherapy or hormone therapy.

Radiotherapy

Radiotherapy may be administered both before and after breast surgery. Pre-operative radiotherapy aims to stop or reverse tumour growth. Post-operative therapy aims to destroy any remaining cancer cells in the breast or scar area to prevent a relapse. Computer tomography is used to individually calculate the right dosage of radiation and area to be treated. This helps to reduce the possible side effects, such as burns. Nevertheless, the affected skin area remains extremely sensitive for the duration of the radiotherapy – which usually lasts five to six weeks.

Chemotherapy

Cytostatic chemotherapy aims to hinder cell division and destroy cells, thus preventing the formation of metastases. It is used, for example, when other forms of treatment – such as radiotherapy or hormone therapy – are insufficient, and the tumour cells are already spreading through the body. Unfortunately, besides destroying cancer cells, chemotherapy also damages healthy, quickly

dividing cells, such as are found in the roots of our hair or the gastrointestinal tract. It can therefore cause side effects such as hair loss, nausea and vomiting. These side effects can be controlled by individually combining the compounds with medication to stop nausea and vomiting. Like radiotherapy, chemotherapy can be administered both before and after surgery.

Hormone therapy

Some breast tumours are hormone receptor positive, i.e. caused by the influence of hormones such as oestrogen. Following surgery, patients with such tumours can receive hormone treatment to combat the body's production of the hormones.

Breast reconstruction options

An increasingly important part of the recovery process following cancerrelated mammary loss is the restoration of appearance using a breast form or through breast reconstruction. Various methods and techniques are available for breast reconstruction – using either silicone or saline breast implants, or tissue taken from elsewhere on the body. This tissue is either taken from the large back muscle, or the lower abdominal area.

Care and cleaning



Accessories/Service

ARTNO.			DESCRIPTION
T64 3642	Breast form cover	T66 3601, T66 3682	Colour: beige
T64 3742	Breast form cover	T66 3701, T66 3751, T66 3782	Colour: beige
T64 1541 symmetric	Bra pocket	T571541, T571551, T571651	Colours: white · beige · black
T57 999	Pocket sewing		
T64 107	SILIMA® xtra adhesive pads	One size fits all	Set of 2, incl. cleaning board
T64 3873	SILIMA® shell adhesive strips	1-6	Adhesive on both sides
T64 3772	SILIMA® direct adhesive pads	1 – 12	Adhesive on both sides
T83 3772	SILIMA® cleansing lotion	45 ml	For adhesive pads
T13 301	SILIMA® special brush	One size fits all	For adhesive pads

SILIMA® NIPPLES

For a perfectly natural appearance

A completely natural and feminine appearance down to the last detail: self-adhesive SILIMA® nipples make your SILIMA® breast form look even more natural. It is impossible to see the difference, even when wearing semi-transparent clothing. The extensive range of SILIMA® nipples ensures individual adaptation to the natural nipple. For a perfectly natural-looking bust. Even after conservative or reconstructive breast surgery. The nipple can even be worn directly on the skin.

- ${\boldsymbol{\cdot}}$ Range of colours and sizes
- Skin-friendly
- Easy to handle
- Repeatedly self-adhesive
- Adhesive layer can be cleaned and reactivated
- Available in packs of one or two or as an 8-piece starter and demo set for the fitting

What your customers need to know about SILIMA® breast form care and cleaning:

- Wash with mild soap and rinse in warm water
- Do not use solvents under any circumstances
- Dab gently with a soft towel to dry
- Do not place the form on a radiator, nor use a hair dryer
- $\boldsymbol{\cdot}$ Use the original box to store or move the breast form
- Keep sharp or pointed objects, such as brooches, away from the breast form
- Be careful with pet claws they might damage the gossamer-thin PU film
- Observe the care information included with each breast form



Art.-No. T83 1251

Description

Description: Pack of 8 nipples: 8 x 1 of each nipples

COLOURS	Ø ARTIFICIAL NIPPLE	Ø NIPPLE	ARTNO. PACKS OF ONE	ARTNO. PACKS OF TWO
Light	40 mm	9 mm	83 127 RB 00940	83 127 RB 0094002
Light	40 mm	12 mm	83 127 RB 01240	83 127 RB 0124002
Dark	40 mm	9 mm	83 127 SB 00940	83 127 SB 0094002
Dark	40 mm	12 mm	83 127 SB 01240	83 127 SB 0124002
Light	52 mm	9 mm	83 128 RB 00952	83 128 RB 0095202
Light	52 mm	12 mm	83 128 RB 01252	83 128 RB 0125202
Dark	52 mm	9 mm	83 128 SB 00952	83 128 SB 0095202
Dark	52 mm	12 mm	83 128 SB 01252	83 128 SB 0125202



How to measure and fit correctly

Customers should wear a well-fitting bra when being

- The underbust edge of the bra should not cut in
- The cups should not constrict the bust and should enclose it fully at the sides and neckline

1. Finding the right bra size

First measure the circumference under the bust. Match the measurement to the correct bra size in Table I.

Example: 79 cm measured = Bra size 80

2. Finding the right cup size

Measure from the middle of the back (spine) across the fullest part of the remaining breast to the breastbone. Then double the measurement. Starting from the bra size ... full/cup C: for the fuller bust identified in Table I, track down to Table II, where you can find the right cup size on the left-hand side, based on your measurement.

Example: 47 cm measured, doubled = 94 cm. If the bra size is 80, the cup size - according to Table II - is B.

Once you have the right bra and cup sizes, you can determine the breast form size using the SILIMA® size table on the next page.

3. Finding the right breast form size

Starting from the measured cup size, track horizontally to the right to the measured bra size. In the vertical column beneath this measurement, you will find the appropriate breast form size.

Example: A measured cup B and bra size 80 equates to a breast form cup B, size 5.

During selection, please bear in mind that most SILIMA® breast forms come in at least 2, and in some cases 3, cup sizes to ensure the best possible fit.

SILIMA® breast forms ...

- ... cup A: for a small, flat bust
- ... standard/cup B: for the medium-sized bust
- ... cup D/E: for a large bust

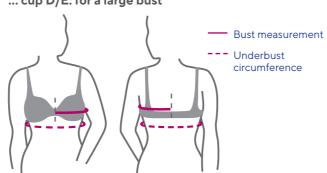


Table	: I: Unde	rbust circ	umferend	e in cm								
	63-67	68-72	73-77	78-82	83-87	88-92	93-97	98-102	103-107	108-112	113 –117	118-122
***	_	_	_	_	_	_	_	_	_	_	_	_
Inter	national	bra size										
i !	65	70	75	80	85	90	95	100	105	110	115	120
	•	•	•	•	•	•	•	•	•	•	•	•
Impe	rial bra s	size										
į.	30	32	34	36	38	40	42	44	46	48	50	52
•••	•	•	•	•	•	•	•	•	•	•	•	•

Tabl	e II: The	right cup s	size is der	ived from	the bust r	neasurem	ent in cm					
AA	75-77	80-82	85-87	90-92	95-97	100-102	105-107	110-112	115-117	120-122	125-127	130-132
Α	77-79	82-84	87-89	92-94	97-99	102-104	107-109	112-114	117–119	122-124	127-129	132-134
В	79-81	84-86	89-91	94-96	99-101	104-106	109-111	114-116	119 –121	124-126	129-131	134-136
С	81-83	86-88	91-93	96-98	101-103	106-108	111–113	116-118	121-123	126-128	131-133	136-138
D	83-85	88-90	93-95	98-100	103-105	108-110	113-115	118-120	123-125	128-130	133-135	138-140
Е	85-87	90-92	95-97	100-102	105-107	110 –112	115-117	120-122	125-127	130-132	135-137	140-142
F	87-89	92-94	97-99	102-104	107-109	112-114	117–119	122-124	127-129	132-134	137-139	142-144
G	89-91	94-96	99-101	104-106	109-111	114-116	119-121	124-126	129-131	134-136	139-141	144-146

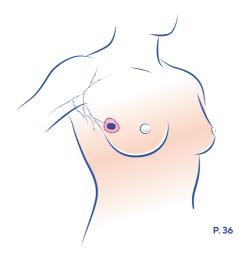
SILIMA® SIZE TABLE

MATCHING BRA SIZE TO THI	- KIOIII DI	LAS	110	IXI I	126												
	AA	65	70	75	80	85	90	95	100	105	110	115	120			•	
	Α	60	65	70	75	80	85	90	95	100	105	110	115	120		• · · · · · · · · · · · · · · · · · · ·	
	В	i ! }		65	70	75	80	85	90	95	100	105	110	115	120	•	
	С	 		•	65	70	75	80	85	90	95	100	105	110	115	120	
	D	! ! }				65	70	75	80	85	90	95	100	105	110	115	12
	Ε	 					65	70	75	80	85	90	95	100	105	110	1
		_	_	~	~	•	•	•	•	•	•	•	•	•		•	1
SILIMA® SOFT & LIGHT, SUPE	-	KTRA	SOF	TLIC	SHTV	VEIG		ORM									
symmetric: ArtNo. T66 3791	A/B-Cup		1	2	3	4	5	6	7	8	9	10	11				
SILIMA® SOFT & LIGHT, EXTF	RASOFTLIC	GHT\	WEIG	HTF	ORM	1 											
ymmetric: ArtNo. T66 3281	B-Cup	 	1	2	3	4	5	6	7	8	r	<u>.</u>				• • • • • • • • • • • • • • • • • • • •	
	C-Cup				·····	r		5	6	7	8	9	10	11	12	• • • • • • • • • • • • • • • • • • • •	
ymmetric: ArtNo. T66 3782	B-Cup		1	2	3	4	5	6	7	8	9	10	11				
	C-Cup					3	4	5	6	7	8	9	10	11	12	13	1
symmetric: ArtNo. T66 3682	A-Cup	 		3	4	5	6	7				•••••				• · · · · · · · · · · · · · · · · · · ·	
.,	B-Cup		•	•	3	4	5	6	7	8	9	10	•			•	
	C-Cup							5	6	7	8	9	10	11	12		
SILIMA® ELITE, D/E-CUP																	
ymmetric: ArtNo. T66 3981	Sizes 8/9, 1	10/11,	12/13,	14/15	(Detai	led siz	ze tab	le see	page	42)							
SILIMA® DIRECT, ADHESIVE	PAD																
ArtNo. T643772	standard		1	2	3	4	5	6	7	8	9	10	11	12	12		
SILIMA® DIRECT, LIGHTWEI	GHT ADHES	SIVE	FOR	М													
symmetric: ArtNo. T66 3772	B-Cup		1	2	3	4	5	6	7	8	9	10	11			• • • • • • • • • • • • • • • • • • • •	
-	C-Cup					3	4	5	6	7	8	9	10	11	12		
SILIMA® ULTRA LIGHT, EXTR	A LIGHTWI	EIGH	TFO	RM													
ymmetric: ArtNo. T66 3741	B-Cup		1	2	3	4	5	6	7	8	9	10	11			•	
	C-Cup					3	4	5	6	7	8	9	10	11	12	13	1.
SILIMA® CLASSIC, STANDAR	:	RM :															
ymmetric: ArtNo. T66 3701	B-Cup		1	2	3	4	5	6	7	8	9	10	11			• • • • • • • • • • • • • • • • • • • •	
	C-Cup			•		3	4	5	6	7	8	9	10	11	12	13	1.
	A-Cup	1	2	3	4	5	6	7								•	
symmetric: ArtNo. T66 3601	B-Cup		1	2	3	4	5	6	7	8	9	10				• • • • • • • • • • • • • • • • • • • •	
	C-Cup							5	6	7	8	9	10	11			
SILIMA® XTRA, PARTIAL FOR	M WITH AL	OHES	SIVE	PADS	5												
ArtNo. T66 1071	size 1 – 4																
SILIMA® SHELL, ADHESIVE S																	
ArtNo. T643872	standard		1	1	2	2	3	3	4	4	5	5	6	6			
SILIMA® SHELL, SHELL FORI	M																
ymmetric: ArtNo. T66 3802	B-Cup		1	2	3	4	5	6	7	8	9	10	11			• · · · · · · · · · · · · · · · · · · ·	
-	C-Cup					3	4	5	6	7	8	9	10	11	12		
SILIMA® CONFORM, ULTRA-		ΓIAL	FOR	М													
ymmetric: ArtNo. T66 3901	B-Cup	ļ }	2/3	2/3	2/3	4/5	4/5	6/7	6/7	8/9	8/9	10/11	10/11				
,	C-Cup													10/11			

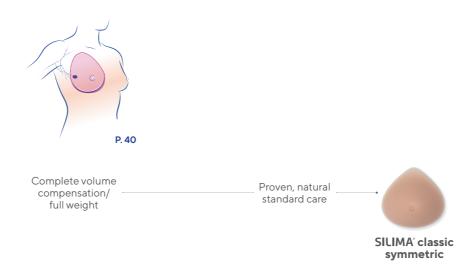
This SILIMA® size table is for orientation purposes only. To ensure the best possible fit, please always have different sizes and cup sizes of the breast forms – especially SILIMA® soft & light, SILIMA® ultra light and SILIMA® elite - to hand.

SILIMA® BREAST FORM OVERVIEW

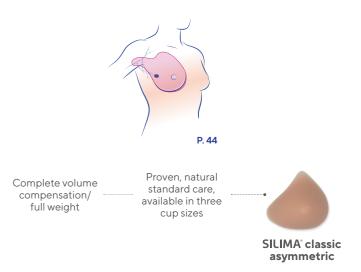
Care after breast-conserving surgery



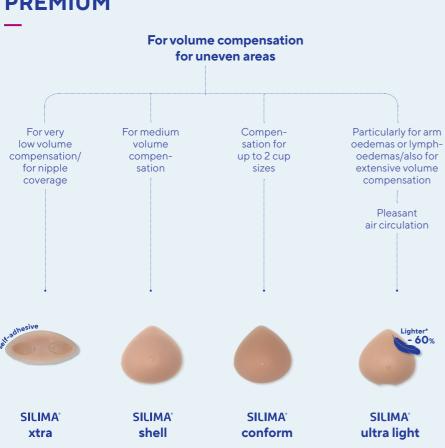
Care after mastectomy

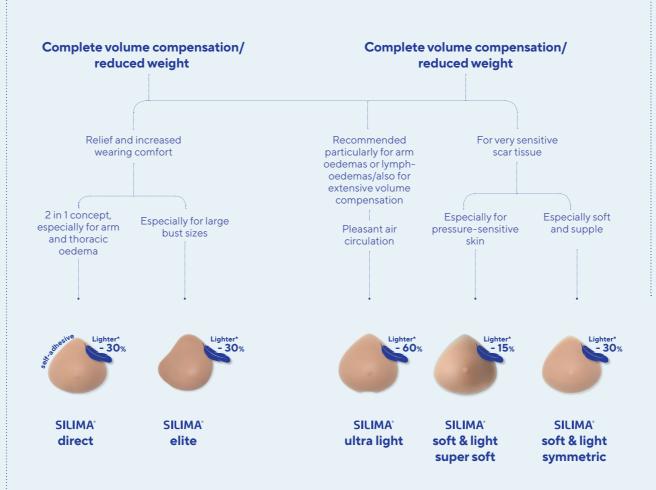


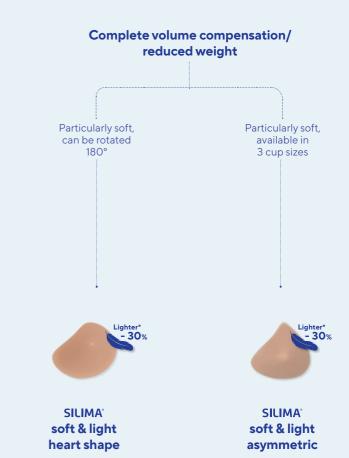
Treatment after radically modified mastectomy



PREMIUM







SILIMA® BRA OVERVIEW





NAME		ITEM NO.	SIZES/CUP
Lena	P. 18	T57 2351	S Cup A · M Cup A · L Cup A, · XL Cup A
Elena	P. 18	T57 2891	75 - 115 A - D
Fiberfill	P. 18	T66 2272	1 – 14, triangular shape, symmetric
Cara	P. 16	T57 2301	70 - 105 AA/A · 70 - 105 B/C · 70 - 100 D/E · Size extension for colour black 105 D/E and 110 - 120 AA/A, B/C
Post-OP Belt	P. 16	T57 2313	S/86 - 92 cm · M/92 - 98 cm · L/98 - 108 cm · XL/108 - 118 cm · XXL/118 - 128 cm
Mobiderm Intimate - bra	P. 20	T57 1301	70 – 115 XS – XL · AA/A, B/C, D/E (UK 32-50)

Starting on page 15





NAME		ITEM NO.	SIZES/CUP
Julie	P. 25		75 - 95 AA, 70 - 90 A - C, 75 - 90 D
Ella	P. 24		75 - 95 AA, D, 75 - 100 A - C
Anna*	P. 22	T57 4602	75 - 100 A - C, 75 - 95 D
Lucille	P. 23	T57 5801	75 - 100 A, 75 - 105 B, C, 80 - 100 D
Eve	P. 23	T57 4701	75 - 100 AA - C, 75 - 95 D
Diana	P. 25		70 - 105 A - B, 75 - 105 C - D

			0 00	pugu = 0
Conceal	ling and elegant	With forming cup s	eam Wit	h forming cup seam
		, the same of the		
With breathable spacer cup	With soft foam cup	Divided into 2 parts and concealing	2-part cup with lace, fully lined	3-part cup

		1		
Sophie	Eve Lace	Bianca	Flora	Lola

NAME		ITEM NO.	SIZES/CUP
Sophie	P. 29		75 - 100 AA , 70 - 100 A - B, 70 - 90 C, 75 - 90 D
Eve Lace*	P. 27	T57 4801	75 - 100 A - C, 75 - 95 D
Bianca	P. 28	T57 2691	70 - 95 AA - B
Flora	P. 28		70 - 95 AA - C, 70 - 90 D
Lola	P. 28		75 - 105 A - C, 75 - 100 D, 75 - 95 E

SUPPORT —			Starting on page	e 30 ———
Concea with space		2-part c	up	
	Optimal relief with a modern look		Ideal for heavy busts, shoulder-arm syndrome and lymphoedema	
				M
Soft Comfort	Balanced Support	Galant bf	Galant ff	Comfort

NAME		ITEM NO.	SIZES/CUP
Soft Comfort	P. 31		75 – 105 B – E
	P. 33	T57 1462	80 - 110 B - E, 80 - 105 F
Galant bf	P. 32	T57 1541	80 - 100 A, 75 - 115 B - D, 85 - 115 E
Galant ff	P. 32	T57 1551	80 - 100 A, 75 - 115 B - C, 85 - 115 D - E
Comfort	P. 31	T57 1651	80 - 120 B - D, 90 - 120 E

*Matching slip available.

60 61

SERENA®

Serena® comprises a variety of normal weight external silicone breast prostheses.

The soft and **skin-friendly materials** used for Serena® have been selected to give **maximum comfort:** consistency, elasticity and movement are very similar to the natural properties of the breast.

Serena® allows the women after mastectomy to recover their natural comfort with full confidence, and helps them to find their everyday equilibrium.

SERENA® TRIANGULAR

- Triangular shape, symmetric, anatomical form
- For patients with no tissue deficit in the underarm area or slim women with a slight tissue deficit only
- The form clings to the body well and without wrinkling and adjusts anatomically to the natural rounding of the ribcage



SERENA® HEART

- · Heart shape, symmetric
- Slight lateral extensions for patients with little or no tissue deficit in the underarm area
- Particularly suitable for larger sizes



SERENA® OVAL

- Long oval shape, symmetric
- · Available in 2 versions: round cavity (9301) or oval cavity (9311)
- · Underarm extension to compensate for tissue deficits
- Versatile in use: can be turned upwards for very large deficits in the neckline area



NATALIA

- Delicate embroidery, back fastening, Art.-No. T672001 two pockets
- Excellent support and maximum comfort, especially for women with a larger bust

Sizes/Cup EUR (UK) Cup B - E, size 75 - 100 (34 - 44)

Fabric

84 % polyamide 12 % elastane 4 % cotton

Colours White, Beig





VICTORIA

- · Elegant lace bra, back fastening, with two pockets
- Firm support, even in larger sizes

Art.-No. T671001

Sizes/Cup EUR (UK)

Cup A - E, size 75 - 105 (34 - 46)

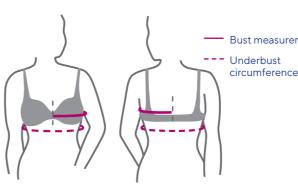
Fabric 78 % polyamide

18 % elastane 4 % cotton

Colours

White, Beige, Black









	erbust surement n)	68-72	Serena Size	73-77	Serena Size	78-82	Serena Size	83-87	Serena Size	88-92	Serena Size	93-97	Serena Size	98-102	Serena Size	103-107	Serena Size	108-112	Serena Size	113-117	Serena Size
Cup	Int. bra size	70		75		80		85		90		95		100		105		110		115	
AA	1	80-82	1	85-87	2	90-92	3	95-97	4	100-102	5	105-107	6	110-112	7	115-117	8	120-122	9	125-127	10
Α	Top bust	82-84	2	87-89	3	92-94	4	97-99	5	102-104	6	107-109	7	112-114	8	117-119	9	122-124	10	127-129	11
В	mea-	84-86	3	89-91	4	94-96	5	99-101	6	104-106	7	109-111	8	114-116	9	119-121	10	124-126	11	129-131	12
С	ment	86-88	4	91-93	5	96-98	6	101-103	7	106-108	8	111-113	9	116-118	10	121-123	11	126-128	12	131-133	13
. U	(in cm)	88-90	5	93-95	6	98-100	7	103-105	8	108-110	9	113-115	10	118-120	11	123-125	12	128-130	13	133-135	14
E	! !	90-92	6	95-97	7	100-102	8	105-107	9	110-112	10	115-117	11	120-122	12	125-127	13	130-132	14	135-137	15

WINGS FOR YOUR HEALTH

Thuasne Deutschland GmbH

Im Steinkamp 12 · D-30938 Burgwedel Tel.: +49 5139 988-0 · Fax: +49 5139 988-177 info@thuasne.de · www.thuasne.de

International Tel.: +49 5139 988-204 · Fax: +49 5139 988-178 export@thuasne.de

THUASNE FRANCE, Head Office 120 rue Marius Aufan · CS 10032 92309 Levallois-Perret Cedex · France Tel.: +33 14105 9292 · Fax: +33 14105 8991 sales.export@thuasne.fr

THUASNE UK

Unit 4 Orchard Business Centre, North Farm Road Tunbridge Wells, Kent TN2 3XF Tel.: +44 1892 481620 · Fax: +44 1892 481609 orders@thuasne.co.uk · www.thuasne.co.uk

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All the medical devices mentioned in this document are Class I Medical Devices, CE marked according to the European Regulation 2017/745 on medical devices. Read the instruction leaflet carefully for full list of indications, contraindications, precautions, side effects, application instructions, care...

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